# **GENERAL RULES**

#### Check-in

All competitors must present themselves at Check-in where they will be registered and, if required, weighed and height-measured.

#### Music

If required, all music must be submitted at Check-in.

### **Backstage Access**

The only people permitted in the backstage area are approved officials and media.

## **Competitor Health**

- 1. Any competitor who appears to be disoriented or light-headed, or who experiences undue cramping, will not be permitted to compete.
- 2. Any competitor disqualified for health reasons must be checked by the attending EMT and, if it is advised by the EMT, must go to the nearest hospital for evaluation.
- 3. Competitors who refuse to be evaluated by the EMT or at the hospital will be suspended from competition for a period of one year from the date of the occurrence.